

2026 NOVAK MEMORIAL METROPOLITAN CHAMPIONSHIPS

Men's Varsity 4+

Heat 1 (Advance Top 3)

PL.)	School	Lane	Time
1.)	Binghamton	5	7:29.53
2.)	LIU	4	7:53.10
3.)	Stony Brook	3	7:59.77
4.)	Manhattan B	1	8:06.11
5.)	SIT	2	8:28.05

Heat 2 (Advance Top 3)

PL.)	School	Lane	Time
1.)	Manhattan A	5	7:59.30
2.)	Iona	3	8:07.60
3.)	Scranton	4	9:21.65
4.)	TCNJ	2	10:14.97

Final

PL.)	School	Lane	Time
1.)	Binghamton	4	7:46.00
2.)	Manhattan A	3	8:11.31
3.)	Iona	5	8:11.80
4.)	LIU	2	8:22.26
5.)	Stony Brook	6	8:23.93

Men's Novice 4+

PL.)	School	Lane	Time
1.)	Stony Brook	3	8:23.40
2.)	Binghamton	4	8:44.80

Men's Varsity 8+

PL.)	School	Lane	Time
1.)	Iona	4	6:28.20
2.)	Union A	3	6:32.64
3.)	Union B	6	6:51.35
4.)	Union C	1	7:03.80
5.)	Manhattan	5	7:29.75
6.)	Binghamton	2	7:37.46

Women's Varsity 4+

Heat 1 (Advance Top 2)

PL.)	School	Lane	Time
1.)	LIU	2	7:59.00
2.)	Binghamton	4	8:12.51
3.)	George Mason B	3	8:23.62
4.)	Scranton A	5	8:46.00
5.)	Scranton E	1	8:53.12

Heat 2 (Advance Top 2)

PL.)	School	Lane	Time
1.)	Fordham	3	8:09.60
2.)	RPI	4	8:50.68
3.)	Stony Brook	5	8:59.93
4.)	Scranton C	2	9:50.96

Heat 3 (Advance Top 2)

PL.)	School	Lane	Time
1.)	George Mason A	3	8:38.10
2.)	Iona	4	9:02.10
3.)	Manhattan	5	9:04.78
4.)	Scranton D	2	9:55.58

Final

PL.)	School	Lane	Time
1.)	Fordham	4	7:58.80
2.)	LIU	3	8:09.24
3.)	George Mason	5	8:16.94
4.)	Binghamton	6	8:26.51
5.)	RPI	1	8:59.39
6.)	Iona	2	9:00.49

2026 NOVAK MEMORIAL METROPOLITAN CHAMPIONSHIPS

Women's Novice/JV 8+

Heat 1 (Advance Top 3)

Pl.)	School	Lane	Time
1.)	Fordham A	3	7:13.20
2.)	George Mason A	4	7:31.51
3.)	Stony Brook	2	8:38.62
4.)	Binghamton	5	8:43.08

Heat 2 (Advance Top 3)

Pl.)	School	Lane	Time
1.)	Fordham B	2	7:41.70
2.)	Iona	3	7:52.74
3.)	Union	4	8:04.55
4.)	George Mason B	5	8:28.19

Final

Pl.)	School	Lane	Time
1.)	Fordham A	3	7:29.20
2.)	George Mason A	5	7:35.72
3.)	Fordham B	4	8:07.14
4.)	Union	6	8:19.27
5.)	Iona	2	8:27.06
6.)	Stony Brook	1	9:17.90

Women's Varsity 8+

Pl.)	School	Lane	Time
1.)	Fordham	3	7:08.50
2.)	George Mason	4	7:15.84
3.)	Iona	2	7:18.25
4.)	LIU	1	7:39.57
5.)	Union	5	7:45.02
6.)	Scranton	6	9:59.62